

The following article is a reprint from 2010, however I read it occasionally just to be reminded.

This morning I had trouble praying. I sat in the comfortable chair, I felt the need to meet with God, I wanted his peace, his guidance, his ear but as I sat praying I couldn't concentrate. There was a cacophony of thoughts, ideas, schedules, questions blazing through my brain. I settled down again, took a deep breath, another sip of coffee and re-started. Again...it was as if the alarms in Hell had gone off signaling the distracter demons to bombard me. Another breath, another sip, another re-start and then it hit me... maybe I shouldn't be talking or even thinking... maybe today I just need to listen. To quiet my thoughts I began to recite the Jesus Prayer... "Jesus, Son of God, have mercy on me a sinner".

You possibly are now expecting to hear that once I did this I received a grand revelation from God and the deep mysteries I discovered are revealed below. May I suggest you lower your expectations?

I did however discover something. I became quiet, my mind stopped racing and though I obtained no grand revelation, I knew God was present with me. Not a bad way to start a Monday morning. I still haven't placed all my petitions before Him, I have yet today to get to my "God list" that I sat down with this morning, but today I have known Christ with me. And for now, that is enough. Maybe He did reveal something... He did answer my prayer, for today I experienced the mercy and presence that he has afforded every saint throughout Christendom.

It is sort of like those times with a close loved one... there is time to talk, there is time to listen, and sometimes there is just time to be together.

Our God says, "Calm down, and learn that I am God! – Psalm 46:10

The Lord is with us,

T. Richey



Church Offices & Activities Center will be closed Thursday, November 28 & Friday, November 29. The Activities Center will be closed on Saturday, November 30.



Follow us @SpringHillBaptist Facebook & Instagram!





Sign up on SignUpGenius to bring a taco topping.
 Please bring a canned good for the food bank.
 Questions? Contact Amy Browning, 251-404-9163

*The Sanctuary Choir and Orchestra of
 Spring Hill Baptist Church present*

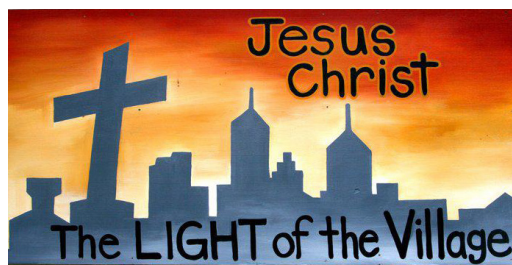
This Is Christmas

December 14th - 4:00 P.M. & 7:00 P.M.
 December 15th - 4:00 P.M.



Dec 6th - 11th
 Tickets available online www.shbc.cc
 and by phone: 251- 652 -1037

Ticket Office Open: Dec 6th - 13th
 Office hours: 12 - 6 Weekdays, & 9 - 3 Saturday
 At the Activities Center of Spring Hill Baptist Church



FOOD DONATIONS TO NEEDY FAMILIES

Items are being collected in marked boxes in the Education Office, the Activities Center and on the second floor of the Adult Sunday School Building.

Items Needed: boxed mac-n-cheese, canned spaghetti sauce, spaghetti noodles, ramen noodles, rice, beans, cans of ravioli, corn, green beans, yams, collards, tuna fish, canned ham, canned chicken, Vienna Sausages, canned pears, peaches, fruit cocktail, apple sauce, peanut butter, jelly, cereal bars, crackers, loaf of bread, toilet paper, toothpaste, dish soap and bleach

You can help by: bringing items, helping prepare the bags each month, and/or helping deliver the food bags. Please contact Judy Wesson at 423-5402 if you would like to help.

**UPCOMING EVENTS
 NOVEMBER**

17 Service of Remembrance
 21 Ecumenical Community Thanksgiving Service
 27 No Wednesday Night Activities
 28-29 Thanksgiving Holidays

DECEMBER

1 Lottie Moon Mission Emphasis Begin
 4 Hoang & Kandy Huynh – Speak in Prayer Meeting
 6 Children’s Ministry Christmas Workshop
 7 Upward Basketball Games Begin
 8 Children’s Ministry Volunteer Leader’s Breakfast
 11 Student Ministry Christmas Party
 14 4:00 & 7:00 p.m. – This is Christmas
 15 4:00 p.m. – This is Christmas
 16 Christmas at the SHAC
 18 Last Night for Music and Missions
 19 Light of the Village Christmas Party
 22 Children’s Ministry Living Nativity
 24 Carols & Candlelight Service
 24-26 Christmas Holidays
 29 Christmas Brunch – NO Sunday School; 8:30 and 11:00 Worship Only



CHILDREN'S MINISTRY VOLUNTEER APPRECIATION BREAKFAST SUNDAY, DECEMBER 8, 2019

Children's Ministry Families:

It is a special tradition for Children's Ministry volunteers to pack a box of Christmas goodies to take home to their families. Please help us honor our Children's Ministry volunteers by bringing 2 dozen Christmas goodies on Sunday, December 8. Homemade or store-bought is great!



THANK YOU FROM THE PRAYER SHAWL MINISTRY

The Prayer Shawl Ministry would like to offer a heart felt Thank You to all who have donated money and yarn to this important ministry. Each prayer shawl is prayed over for an individual who is sick, a family member who is caring for someone, and family members who have experienced loss of a loved one. The Prayer Shawl Ministry meets the first and second Tuesday of each month at 9:00 in the Activities Center. For more information and to be apart of this loving ministry contact Yvonne Lawrence 251-421-3049. A box for donations is in the Education Office for your convenience.

THIS WEEK AT SPRING HILL

Sunday, November 17

8:30 a.m. Contemporary Worship Service
 9:45 a.m. Sunday School
 11:00 a.m. Traditional Worship Service
 3:00 p.m. Reflection Rehearsal
 4:00 p.m. Spring Hill Singers Rehearsal
 4:00 p.m. Jr. High Singers Rehearsal
 4:00 p.m. Service of Remembrance
 6:00 p.m. Full TIC Rehearsal

Monday, November 18

8:30 a.m. Waterfront Rescue Mission
 11:00 a.m. Koinonia Class Luncheon
 6:00 p.m. Ladies' Bible Study
 6:45 p.m. Women's Bible Study Fellowship

Tuesday, November 19

9:30 a.m. Home of Grace

Wednesday, November 20

4:45 p.m. Supper (DH)
 5:30 p.m. Music & Missions
 5:30 p.m. Students: The Workshop
 6:15 p.m. Prayer Meeting/Bible Study
 7:05 p.m. Sanctuary Choir Rehearsal

Thursday, November 21

7:00 p.m. Community Ecumenical Service

Friday, November 22

Normal Church Office & Activities Center Hours

Saturday, November 23

Normal Activities Center Hours

CHECK OUT OUR NEW FITNESS SCHEDULE



\$60 or \$5 Walk-In

NOVEMBER 25, 2019 - JANUARY 17, 2020

FITNESS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00 - 6:30 a.m.		emPower-U Boot Camp Caleb Cox		emPower-U Boot Camp Caleb Cox	
8:00 - 9:00 a.m.		Zumba Julisa Theodore		Zumba Julisa Theodore	
8:15 - 9:00 a.m.		Pilates Lauren Carr		Pilates Lauren Carr	
8:30 - 9:15 a.m.					
8:45 - 9:30 a.m.	Silver Sneakers/ Balance & Agility Lisa Rush		Silver Sneakers/ Balance & Agility Lisa Rush		
8:00 - 8:45 a.m.		Silver Sneakers/ Walking Lisa Rush		Silver Sneakers/ Walking Lisa Rush	
9:00 - 9:45 a.m.		Silver Sneakers/ Tighten & Tone Lisa Rush		Silver Sneakers/ Tighten & Tone Lisa Rush	Silver Sneakers/ Tighten & Tone Lisa Rush
9:30 - 10:30 a.m.	Silver Sneakers/ Tai Chi Al Warsh		Silver Sneakers/ Tai Chi Al Warsh		
5:30 - 6:15 p.m.		emPower-U Boot Camp Kathleen Coffman		Zumba Kathleen Coffman	

Giving Thanks

November 10, 2019

STEWARDSHIP

Projected Weekly Needs\$61,446.50
 Received Sunday..... \$78,960.49
 Received to Date.....\$2,514,585.98
 Expenses to Date.....\$2,606,227.70
 Balance to Date(\$91,641.72)

SUNDAY SCHOOL

Adults.....270
 Young Adults.....71
 College2
 Youth64
 Preteen21
 Children42
 Preschool.....58
 Sub-total528
 OFF CAMPUS CLASSES
 Gordon Oaks12
 GRAND TOTAL540

Wednesday Night Menu
 Thanksgiving Dinner:
 turkey and dressing,
 green beans, corn on the
 cob, roll, and sweet
 potato pie

Save the date!!!

SHBC Marriage Conference

Saturday, January 11, 2020
from 4:30-8:00 p.m.



Guest speakers:
Barrett & Jenifer Johnson
from I.N.F.O. for Families



Fitness, Fun & Fellowship at the Activities Center!



Check out the Fitness Classes at the Activity Center: Silver Sneakers classes, Tighten & Tone, Empower-U, Pilates, Balance & Agility, ZUMBA Fitness!

Shoot a few hoops and enjoy a short Bible study during Hoops & Hang, or just come and walk on the track with your friends.

Contact Colleen Smith, csmith@shbc.cc, for details, 342-5375 or www.shbc.cc/recreation

Church Office 342-5320

- Dr. Rob Jackson Interim Pastor
- Terry Richey..... Associate Pastor
- Randy Grim Minister of Music
- Josh Karl..... Student & College Pastor
- Erica Holloway.....Minister to Children & Families
- Bill Taylor Asst. Minister of Music
- Gretchen Crane Communications Director
- Denise Marsh Finance Director
- Debbie Rice Children's Music Coordinator
- Missy Powell..... Pianist

Activities Center 342-5375

- Colleen Smith ... Recreation/Activities Coordinator
- Enrique Castillo Recreation Ministry Assistant
- Ashley Johnson Upward Sports Director

Weekday Preschool Education Office 342-6044

In case of emergency over the weekend, you may reach the minister on call at 342-5320.



Train up a child in the way he should go; and when he is old, he will not depart from it. Proverbs 22:6

Home of Grace for Women

The Home of Grace ministry team will be going to the Home of Grace on **November 19** to offer a good meal, a listening ear and a touch of friendship and fellowship. If you feel led to join us, please call Janice Butler at 634-1566 to get more information.

Rescue Mission Ministry

Looking for a way to get involved? Join us as we minister to the men at the Rescue Mission. **Our next ministry date is November 18.** Call 342-5320 for more information.

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit. Let us not become conceited, provoking and envying each other.

Galatians 5:22-26

Extended Session for week of November 17, 2019

Preschool B: Justin & Haley Davis (Early)

THE MESSENGER, (UPS 512-220), IS PUBLISHED WEEKLY, (WITH THE EXCEPTION OF MARDI GRAS, JULY 4, THANKSGIVING AND CHRISTMAS).
POSTMASTER: SEND ADDRESS CHANGES TO SPRING HILL BAPTIST CHURCH, 2 SOUTH MCGREGOR AVE.
MOBILE, ALABAMA 36608
PERIODICAL, POSTAGE PAID
MOBILE, ALABAMA